

Colorado D.O.

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PRESIDENT'S MESSAGE

Michael Mohr, DO



I hope everyone is doing well as we transition into the winter and Holiday seasons. CSOM has been working hard planning the next CME conference in Keystone, Colorado from February 21st to

25th 2010. I would like to thank all those people who helped to make "CME in the City" a great success.

There was an excellent variety of lectures and those who attended were thankful for the conference being held close to Denver.

The CSOM Board of Trustees met October 25, 2009. It was a very productive meeting and the Board is active in planning upcoming CME courses, preparing for the 2010 legislative season, and supporting Osteopathic physicians and medical students in Colorado. This is an outstanding group of individuals who are committed to supporting the Colorado Society of Osteopathic Medicine.

I will be representing CSOM at several functions in the next few months. There was a summit held in conjunction with several other area medical societies that discussed Systems of Care and the Patient Centered Medical Home. Thanks to all physicians who participated in the survey. There will be ongoing discussions with all involved in the summit as we continue to work on ways to implement this system.

The AOA will be holding a conference on Osteopathic Advocacy and an update for the state societies on health-care reform. It continues to be important to remain active in the legislative process during this time of healthcare reform. Please keep monitoring the CSOM and AOA websites for the latest information.

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EXECUTIVE DIRECTOR'S REPORT

Terry Boucher, MPH



As Congress and the nation grapples with comprehensive health care reform, Colorado continues to lead the way by reforming the system where it counts – from the perspective of those who use it.

The Colorado Society for Osteopathic Medicine, in cooperation with the Colorado Medical Society Foundation, Colorado Academy of Family Physicians, the Colorado Chapter of the American Academy of Pediatrics, and the Colorado Clinical Guidelines Collaborative (CCGC), has been awarded a two-year, \$890,000 grant from the Colorado Health Foundation to help educate Colorado physicians about new systems of care delivery models that will improve patient quality and safety while increasing physicians' satisfaction within their practices.

The grant aims to improve care coordination for patients across the delivery system by driving the adoption of systems of care models, specifically the Patient-Centered Medical Home model (PCMH). By partnering patients with a personal health care team that provides continuous, coordinated care with a focus on prevention and chronic care management, the PCMH model has demonstrated improved quality of care. It also has reduced costs by preventing duplication and fragmentation.

Yet broad-based implementation of the model has been slow. Surveys of Colorado physicians show many of those who have not adopted the model haven't done so because they don't know how, or because of concerns that they don't have the financial resources.

The grant will educate physicians on the medical home concept, provide "how to do it" resources and connect primary

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Executive Director's Report
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care and non-primary care physicians to begin building the relationships necessary to create medical neighborhoods.

A poll recently completed by approximately 750 actively practicing Colorado physicians gauged interest and more clearly identified barriers to implementation. Over the course of the grant, activities will include two or three summits aimed at addressing physician needs, one-on-one physician focus group meetings, webinars, town hall style meetings and a "coach in a box" manual to support physicians in achieving medical home certification.

"This initiative is critically important because it is laying the foundation for a broader transformation of how care is delivered in Colorado. By centering all we do on patients and carefully coordinating care across medical specialties and settings, we can deliver the right care, at the right price, at the right time, every time," said CSOM President Michael Mohr, DO.

The *New Yorker* recently profiled such physician-driven efforts in Grand Junction, prompting a visit from President Obama. Colorado is one of the state participating in a unique, national pilot study that is underway, aimed at containing health care costs and coordinating services between primary care physicians and specialists.

Now delivery models like the patient-centered medical home and other systems of care concepts including accountable care organizations are embedded in the work of the Center for Improving Value in Health Care (created via executive order by Governor Ritter) and the current health care reform bills being debated in Congress.

The Systems of Care/Patient-Centered Medical Home (PCMH) grant builds upon work already begun in Colorado and will provide physicians the information, education and hands-on training to help them determine how they would like to participate in this new system of care. The funds from CHF allow physicians to continue to play a leading role in the charge to redesign the delivery system to fit the needs of their communities. Making that transformation a reality requires close communication,

coordination and collaboration between primary care and non-primary care specialty physicians.

The grant provides a forum to advance that dialogue. The initiative strives to:

- understand physicians' attitudes and identify barriers to implementing a patient-centered medical home and other systems of care;
- develop a concrete plan to foster practice redesign through the support of discussion guides, on-line training and personal coaching; and
- connect patient-centered medical homes into medical neighborhoods and larger systems of care such as accountable care organizations.

This work will move our state forward by translating policy into practice.

As part of the grant, a statewide physician poll was distributed and two physician focus groups have been held to identify perceptions, understandings and obstacles to implementing medical homes and larger systems of care. A special physician summit was held the weekend of October 30 to convene the leadership of different medical organizations from around the state to develop an action plan to drive adoption of these practices, improve physician readiness for broader change and help your practice survive and thrive in the years to come.

The action plan highlights the unifying principles of the grant which are to improve coordination, quality, access, and value for Colorado patients across the delivery system by:

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CSOM COMMITTEE ACTIVITIES

MEMBERSHIP COMMITTEE

Chair: Jonathan Bloch, DO

Members: Daniel Clang, DO; William Mandell, DO; Joseph Kupets, DO; Douglas Hill, DO; Melody Paulishak, DO; Kenton Asche, OMSI

CSOM would like to congratulate its newest members! Welcome to the Society and the future of Osteopathic medicine in Colorado!

James Piko, DO – Denver - DR

Aurelio Etcheverry, DO – Grand Junction - FP

David Ross, DO – Colorado Springs - EM

Kathleen McGrath, DO – Aurora - FP

Teresa O'Dowd, DO – Pueblo - EM

Emmy Lawrason, DO – Denver - OMM

PUBLIC AWARENESS

COMMITTEE

Chair: Kelli Glaser, DO

Members: Matt Harrison, DO; Louis Kasunic, DO; Juhi Asad, DO; Brian Koper, DO; Melody Paulishak, DO; Brittany Ganser, OMSII

Recently, the CSOM PR Committee held a conference call to brainstorm ideas of how to get the CSOM name and Osteopathic medicine out in front in Colorado. The members of the committee came up with a lot of ideas, and encourage any member of CSOM to contact Chair Kelli Glaser, DO at

kglaser@rockyvistauniversity.org if they have ideas or would like to join this committee.

The committee talked about different ways to advertise to the public about what a DO is and what Osteopathic Medicine is. They discussed modernizing the CSOM website and undertaking a writing of the history of Osteopathic Medicine in Colorado. The committee would also like to encourage CSOM members to get involved with the different outreach programs being done by the RVU student groups. Through blast emails and faxes, the membership will be kept abreast of different events they could help with like the 9 Health Fair, and various charity drives being done for the holidays.

President's Message

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Continue to stay in contact with your legislators to ensure they are aware of the issues they need to consider when voting on bills.

CAFP and CSOM will be sponsoring a "Medical Student Reception" on January 29th. It will be an opportunity for 40 Colorado Family physicians to discuss family medicine with area medical students. Please contact the CSOM office for details if you are interested.

OSTEOPATHIC COMMUNITY NEWS

AOA

The AOA held its annual convention, now called OMED, in New Orleans. Registration was down but exhibits were up. The AOA is also hosting an Affiliate Affairs Leadership Meeting in Phoenix, sponsored by Pfizer. Terry Boucher and Dr. Michael Mohr will be attending. AOA membership is up this year and the AOA is working diligently on the healthcare reform issues in Washington.



COLORADO ACOFP

I would like to take a few minutes to tell you about myself and my involvement with the Colorado Chapter of ACOFP. Due to some recent health concerns that

Dr. Richard Book has been working through, he has chosen to step down as the newly elected President of Colorado's ACOFP. While he was elected President, I was given the honor of being elected President-elect at the Breckenridge CSOM meeting this past August. Since Dr. Book has decided to step down, I was asked to serve and to lead your organization as President. I would like to wish Dr. Book a speedy recovery and return to good health and fortune. We are all concerned and keeping him in our thoughts.

Colorado is not my native state. Like so many others, I started my career elsewhere, but for a variety of reasons found an opportunity I could not refuse in a place (Colorado), I had thoughts of moving to for years. I was originally a Family Physician in Florida where I co-owned and operated a practice with one other physician. We ran two offices together for seven years in Winter Garden and Clermont, Florida. These areas are roughly 20-30 miles west of Orlando. Once I learned of Rocky Vista University opening in Parker, Colorado, I changed my focus and pursued a position with the inaugural faculty. I started in March 2008. I have since been a member of the Primary Care Department and most recently accepted additional responsibilities working in the Clinical Affairs Department which has the huge undertaking of setting up the third and fourth year clerkships for our students.

I would like to continue some of the initiatives that Dr. Book was working on. One of these is providing a good working relationship with the students at RVU. The students' chapter of ACOFP is very active on campus and I am the faculty advisor. We have plans to provide an educational lunch (pizza) in the coming months on campus. In addition, on January 29, 2010, I will represent the Colorado Society of ACOFP at the second annual student reception which will be co-sponsored by the Colorado Academy of Family Physicians. This will give medical students a chance to socialize with family physicians from throughout the state to learn what our profession has to offer them. As many of you know first hand, Colorado is suffering a physician shortage and the hope is to have the current medical students, both DO and MD, fill many of the positions in family medicine to help better serve the citizens of Colorado. The other goal on my radar is to look toward the national ACOFP convention in Las Vegas in March, 2010 and ensure we are well represented as a state during this meeting.

I am excited about the opportunity to serve you over the next two years. I welcome your concerns and comments that will benefit all family physicians as we move through some interesting times within the medical community. I am sure each of you looks upon the potential changes that Washington is making with some wonder and concern. I believe if we stick together we will make this a positive event for both us as physicians and our patients as well. Thank you all for this opportunity and I wish you each have a happy and safe holiday season as well as a prosperous 2010.

COLORADO SPRINGS OSTEOPATHIC FOUNDATION (CSOF)

Newly elected officers of the Board of Directors of the Colorado Springs Osteopathic Foundation are Thomas T. McCarthy, DO, President; John Kurish, DO, President-Elect; Lynn Gilfillan-Morton, M.Ed., Secretary and Penny Sayre, CPA, Treasurer. In addition, Gerald Travers, DPM, Mary Wall,

RN and Penny Sayre, CPA were elected to the Board. Other members of the board include Lindsay Fischer, Esq., William Griffis, DO, Thomas Higginbotham, DO, Michael Welch, DO, Steve Peterschmidt, and Scott Woody, DO

The Colorado Springs Osteopathic Foundation is a local, private Foundation whose mission is to improve the health and well-being of our community consistent with its Osteopathic heritage primarily through grants to other qualified health-related 501(c)(3) nonprofit organizations.

DENVER OSTEOPATHIC FOUNDATION (DOF)

The Denver Osteopathic Foundation has temporarily suspended their scholarship program due to the economy, but they are starting to recover. The DOF has started to work with RVU students and the Advocates of CSOM (ACSOM) on a sports physicals program. They recently held their first event and examined 95 children! The DOF wants to concentrate on community service in 2010.



ROCKY VISTA UNIVERSITY COLLEGE OF OSTEOPATHIC MEDICINE

DEAN'S MESSAGE

Thomas Mohr, DO, FACOI, Interim Dean & Chief Academic Officer

Rocky Vista University College of Osteopathic Medicine continues to flourish and grow. Our 312 students are working hard to master the difficult coursework of the first two years of medical school while looking ahead to the clinical rotations. The second year class is starting to prepare in earnest for Level 1 of the Complex Licensure examination which will be given in the Spring. Our Department of Clinical Education is making great strides in setting up the clinical clerkships which will begin in August of 2010. RVUCOM thanks all those who have offered to help train the next generation of Colorado physicians and we invite all CSOM members who are interested in taking students on rotation to contact Duane Brandau, D.O., Ph.D., at 720-875-2802 to sign up.

(Continued from page 3)

We continue to spread the news about RVU and many of you in the Denver area had the opportunity to read the front page story about RVUCOM in the Sunday Denver Post last month. We have been active in meeting with the leadership at hospitals and practice groups across the state to raise awareness and set up rotations. RVUCOM was represented well at the recent AOA OMED Convention in New Orleans where our own Camille Bentley, D.O. was honored for her contributions to the DOCare organization over the last 10 years. Our students have traveled to meetings for the ACOI, ACOFP, SOSA, National SOMA, and COSGP (Council of Osteopathic Student Government Presidents) and RVUCOM is gaining in recognition and stature in the osteopathic community. RVUCOM faculty continue to be active with the state society, hosting the CSOM CME in the City program on Campus in October as well as the CSOM board meeting that followed. Matt Harrison, D.O., Assistant Professor of Family Medicine, is the program director of the Midwinter Conference in Keystone where RVU will again host a reception. RVUCOM values our close relationship with CSOM and looks forward to the day when our graduates become active members in the organization.

This is my last report as the Interim Dean of the College. I have been honored to serve in this capacity over the last 6 months and to occupy a seat on the CSOM Board of Directors. On December 1st, Bruce Dubin, DO, JD, will be installed as the permanent Dean for RVUCOM. His considerable experience as an internist, a medical educator and a college administrator will be instrumental in the continued prosperity of this school and under his leadership, RVUCOM will eventually set the standard for quality medical education. I thank all of you who supported RVUCOM during this time of transition, and I look forward to working with you in the future.



RVU STUDENT REPORT

Tyler Anstett, OMSII, SGA President

SGA Updates

- **Elections:** SGA and Class Elections were held in August.
- **Upcoming Events:** SGA will be sponsoring a Dia de los Muertos celebration and the 2nd Annual Shave-Off for Mancer; End of Semester Talent Show; Elections for SGA Curriculum Representative and Honor Code President

Student Outreach

- **RVUCOM Sponsors Parker Family Fair:** OMS-I and OMS-II students staffed two booths - offering free blood pressure screenings and general information about the school and osteopathic medicine to Fair participants.
- **Provided Athletic Physicals at a local underserved middle school – SOMA and Denver Osteopathic Foundation:** OMS-II students performed sports physicals for local middle school students while under the supervision of RVUCOM faculty and local physicians.
- **Pueblo Convoy of Hope Health Fair:** OMS-I and OMS-II students provided 200 blood pressure screenings, 300 BMI screenings, and more than 70 postural examinations. They also distributed educational information about patient health and osteopathic medicine.
- **Relay For Life:** The 34-member RVUCOM team raised more than \$2,000 for the American Cancer Society
- **Susan G. Komen Race for the Cure:** 33-member RVUCOM team of students, staff, family members

On-Campus Activities

- **SAMOPS Hosts Military Medical Symposium:** focused on the enhancements of civilian practice through contributions of military medicine. Seventy people attended the event and more than \$500 was donated to the Fischer house.

- **RVUCOM Hosts International Visitor Leadership Program:** U.S. Department of State-sponsored International Visitor Leadership Program is focused on creating opportunities for leaders and specialists from around the world to interact with their counter-parts in the United States. Brought together emerging leaders in medicine and science from 22 foreign countries including Syria, People's Republic of China, Burma, Sweden, India, Malta, Bosnia-Herzegovina, Oman, Argentina and others.
- **Students & Staff Launch "Practice What You Preach":** a program that both challenges and informs as it emphasizes nutrition and physical exercise. Sixty eight RVUCOM students and staff along with some family members, organized into 22 teams, are participating in the program.
- **ACOEP organized AirLife Helicopter landing on campus**

New Clubs

- American College of Osteopathic Physical Medicine & Rehab (ACOPMR)
- American Medical Students Association (AMSA)
- Colorado Medical Society (CMS)
- Gays, Lesbians & Allies in Medicine (GLAM)
- Psychiatry Interest Group (PIG)

Executive Director's Report Continued from Page 2

- Fostering a transparent and collaborative approach with multiple organizations to promote dialogue and build up systems of care, specifically medical home models and the larger medical neighborhoods;
- Supporting physicians and their practices in making informed choice about the medical home model through a coordinated, local approach;
- Creating feedback loops between physician practices and local, state and federal efforts; and Increase the number of medically underserved Coloradans who receive integrated medical care.

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THE ADVOCATES (ACSOM) REPORT

Sara Harrison – President

The Advocates have been busy! We hosted a golf tournament to benefit the ACOM Scholarship Fund during the Breckenridge conference and raised \$900.00. Congratulations to Dr. Tim Judd's team on winning the tournament!

In October we co-hosted a craft fair at Rocky Vista University. \$1200.00 was made in booth fees and sales from this event. Money raised will benefit the ACSOM Scholarship Fund.

Now that we have a nice amount of money in our Scholarship Fund it is time to form a committee to help select recipients. This committee is not limited to spouses of DO's. We'd love to have DO's, spouses, and anyone who has a passion for Osteopathic Medicine to serve on this committee. If you are interested please email GOACSOM@gmail.com.

In November I traveled to New Orleans to attend the Advocates to the American Osteopathic Association House of Delegates. It is always an honor to work with so many men and women who value the Osteopathic profession. On a national level the Advocates are working on programs such as the Yellow Ribbon, which helps educate teens regarding the warning signs of suicide. There is also a fitness initiative that is getting off the ground that will help promote awareness of the growing problem of obesity in the United States.

We will once again have a booth in Keystone. Please stop by and hear about the wonderful things we are doing.

Remember, the Advocates need your support to keep going strong! If you'd like more information on how you can become involved with this fantastic organization please email goACSOM@gmail.com or call 720-875-2888.

DENVER REGIONAL OSTEOPATHIC MEDICAL SOCIETY (DROMS)

Maria Gentile, DO, President
Kelli Glaser, DO, Vice President
Ellice Goldberg, DO, Secretary-Treasurer

Please note: Due to changes in Pharma Guidelines, DROMS meetings will no longer offer CME credit. DROMS dinners are meetings of CSOM District 1, accompanied by a lecture.

On July 28th, DROMS tried something a little different. A local financial planner, Joseph Tocchini, President of Capstone Financial, gave a talk on "Ideas for Wealth Preservation and Asset Protection in Today's Economy". The dinner was very well received and was held at the Avenue Grill in uptown Denver. After the presentation concluded, DROMS members took the time to elect their new 2009-2010 Officers. Congratulations to Ellice Goldberg, DO, Secretary/Treasurer; Maria Gentile, DO, President; and Kelli Glaser, DO, Vice President!



(l to r) Ellice Goldberg, DO; Maria Gentile, DO; Kelli Glaser, DO

September 15th marked the last DROMS event for 2009. The series closed with a lecture on "Testosterone Therapy" given by Ed Rhodes, MD and sponsored by Auxilium

OSTEOPATHIC PLEDGE OF COMMITMENT

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded – the dynamic interaction of mind, body and spirit; the body's ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

- ⇒ Provide compassionate, quality care to my patients;
- ⇒ Partner with them to promote health;
- ⇒ Display integrity and professionalism throughout my career;
- ⇒ Advance the philosophy, practice and science of osteopathic medicine; Continue lifelong learning; Support my profession with loyalty in action, word and deed; and live each day as an example of what an osteopathic physician should be.

Pharmaceuticals. The dinner was held at Morton's Steakhouse in the DTC.

Please remember to join DROMS when paying your yearly dues! If you have suggestions for dinner sponsors or subjects, please contact Rachel Rayman at (303) 322-1752 or rachel@coloradoDO.org

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The CHF grant is in the final stages of the planning activities and soon the Implementation Phase will begin. During the next 18 months, I will be available to meet with Colorado osteopathic physicians and their staffs to discuss the Patient-Centered Medical Home concept. In the near future, a web page will also be developed that will guide interested physicians to additional sources of information on PCMH and other systems of care.

If you have any questions about the initiative, please contact Terry Boucher in the CSOM office at Terry@ColoradoDO.org or at 303-322-1752

The Colorado Health Foundation works to make Colorado the healthiest state in the nation by investing in grants and initiatives to health-related nonprofits that focus on increasing the number of Coloradans with health insurance; ensuring they have access to quality, coordinated care; and encouraging healthy living. For more information, please visit www.ColoradoHealth.org.

CONFERENCE HIGHLIGHTS

ANNUAL BUSINESS MEETING & SUMMERTIME CME PROGRAM CHAIR: MARK TWARDOWSKI, DO, FACOI

In August, CSOM held its Annual Meeting & Summertime CME "Medical Advances – An Interactive Approach to Medical Education" in Breckenridge. This year the conference was held at Beaver Run Conference Center, and was excellently chaired by Grand Junction physician, Mark A. Twardowski, DO, FACOI. Over 4 days, conference goers attended sections on: Emergency Care, Headache, Infectious Disease, Lung Disease, Cardiology, and Orthopaedics & Endocrinology. Each speaker was encouraged to utilize interactive formats for their lectures such as, speaker panels and the use of an audience response system. This year there were over 100 healthcare professionals in attendance, and 23 exhibitors!

The 5th Annual Golf Tournament was held, and for the first time, it was operated as an Advocates (ACSOM) fund raiser. The ACSOM has been reactivated and they are trying hard to gain membership and to raise money for their 2 scholarship programs. Look for opportunities to join or help them at future CME meetings. To join, simply pay the \$25 dues with the yearly dues renewal. The ACSOM is open to spouses, family and friends of CSOM members.

The Colorado State Chapter of the ACOFP held its annual meeting at the conference. Richard Book, DO was sworn in as President, Matthew Harrison, DO as President-Elect and Jeffrey Bacon as Vice president. Unfortunately, Dr. Book will not be able fulfill his duties as President, so Dr. Harrison has taken the reins early. Under this new leadership the Colorado ACOFP hopes to be visible on the issues facing local Family Physicians in the coming year, including the Patient Centered Medical Home concept.

At Friday's RVU-COM Reception, attendees were given the chance to meet faculty and students of Rocky Vista University. The Interim Dean, Thomas Mohr, DO, FACOI, presented RVU's plan

for the new school year, including the search for a permanent Dean. Bruce Dubin, DO has been chosen as the new RVU dean and will start in December.

At the Annual Business Meeting, CSOM members were treated to, not only lunch, but reports from the board and committee chairs on the progress and goals of the last year. There were several Bylaws changes voted on, specifically the change in dues year to the fiscal year of January-December. This change will go into effect in January of 2010, so watch for correspondence explaining in detail how CSOM will transition.

The highlight of every summer meeting is the inauguration of CSOM's new President, Officers, and Trustees. Michael Mohr, DO, FAFAP (Denver) was installed as President, Daniel Clang, DO (Greeley) as President-Elect, and William Mandell, DO (Colorado Springs) as Vice President. CSOM has 3 new trustees on the board for 3 year terms: Kelli Glaser, DO (Parker); Eric Gish, DO (Parker); and Robert Fillion, DO (Sterling).

The 2010 Midwinter Conference is once again in Keystone and the dates are February 21-25, 2010. There will be 31 CME credits available, OMM workshops, a Medical Home workshop, and a special Medicare Practice Management workshop provided by Don Self! Hope to see you there!

2009 Raffle Winners – Congratulations!:

Carl Kupferer, DO
John Kanis, DO
Gerald Hamstra, DO
Gary Brandon, DO
Keith Bodrero, DO
Bethany Wallace, DO

2009 Exhibitors:

Ideal Protein
Colorado Center for Reproductive
Medicine
Medical Protective
Colorado Physician Health Program
BioGenesis Neutraceuticals, Inc.
COPIC
US Army Medical Recruiting

Colorado Rural Health Center
Wyeth Pharmaceuticals
Touchstone Medical Imaging
Pricara, Inc.
Auxilium Pharmaceuticals
Abbott Laboratories
sanofi-aventis
Novo Nordisk
Hill-Rom
Takeda Pharmaceuticals N. America
GlaxoSmithKline
Quest Diagnostics
Harvest Technologies
Lilly USA
Pfizer, Inc.
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2009 Grantors:

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Gilead

2009 CME IN THE CITY PROGRAM CHAIR: THOMAS MOHR, DO, FACOI

CME in the City 2009 was once again held at Rocky Vista University. The school donated the lecture space, the Program Chair, and most of the speaking faculty. CSOM would like to extend a special thank you to RVU for making this year's event another success.

Although attendance was down a little, attendees still saw great lectures and speakers, including an excellent presentation on Bipolar Disorder funded by the France Foundation and given by W. Clay Jackson, MD of Tennessee. There were 2 OMM workshops this year, given by Eric Gish, DO, Chair of the OPP Department of RVU, and attendees had access to RVU's state of the art OMM Lab.

CSOM hopes to continue to provide this weekend conference. The venue and format are always well received. Keep your eyes peeled for the announcement of the dates for the 6th Annual CME in the City!

IN BRECKENRIDGE



(l to r) Mark Twardowski, DO; Gary Brandon, DO; and Thomas Moore, Jr, DO



Outgoing President, Jeffrey Bacon, and his Fiancé, Joni Taylor at the President's Inauguration



Cardiology Speaker, Jennifer Stroh, DO of Grand Junction, CO



Mark Baker, DO, AOA Trustee swears in CSOM 09/10 President Michael Mohr, DO, FAAFP



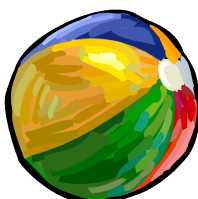
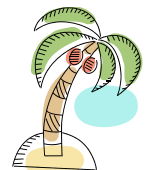
(l to r) Cristin Wimberly; Terry Boucher, MPH, Executive Director of CSOM; and Carolyn Samuelson - both women were exhibit drawing winners from COPIC



CSOM Executive Director, Terry Boucher, MPH with Sarah Early, PsysD, Executive Director of the Colorado Physician Health Program - Dr. Early was an Exhibit Winner



COPIC Risk Management Speaker, Dennis Boyle, MD



IN BRECKENRIDGE



Raffle Winner: Carl Kupferer, DO



CSOM President, Michael Mohr, DO and brother Thomas Mohr, DO, - RVU-COM Interim Dean



CSOM President Michael Mohr, DO presents outgoing President, Jeffrey Bacon, DO a plaque thanking him for his service as President



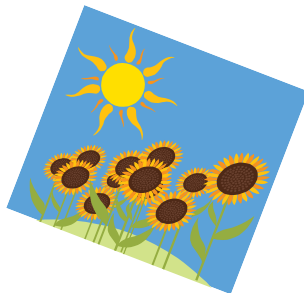
Sandy & George Jueteronke, DO at the President's Inauguration



(l to r) Daniel Clang, DO; William Mandell, DO; Kelli Glaser, DO; and Eric Gish, DO being sworn in for their duties as officers by Mark Baker, DO



Mark Baker, DO, AOA Trustee & Terry Boucher, CSOM Executive Director



CSOM Trustee, Kelli Glaser, DO with her husband Eric

IN PARKER



W. Clay Jackson, MD with simulated patient actress for Bipolar presentation



Dr. Michael Robertson manipulates Dr. Thomas Kasenberg in the OMM workshops



Speaker Richard Darrow, DO on Skin Disease



Speaker Dmitry Pales, DO on Diabetes & Insulin Pumps



Speaker Thomas Told, DO on Colon Cancer



Speaker Steve Morozowich, DO on Left Ventricular Dysfunction

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Kelli Glaser, DO

Dr. Glaser received her undergraduate degree in 1995 from the University of Colorado in Boulder where she majored in Environmental Population and Organismic Biology and minored in Biochemistry. She then spent two years doing basic science research at The University of Colorado Health Science Center in Denver studying lung cancer in mice and has co-authored several research papers. She decided to increase her experience in the clinical realm by working as a medical assistant at a pediatrics office in Arvada, Colorado for a year before attending medical school.

Dr. Glaser graduated Cum Laude and received her Doctor of Osteopathic Medicine degree in 2002 from Kansas City University of Medicine and Biosciences. She completed her internship and family medicine residency at Providence Hospital in Southfield, MI in 2005. As chief resident she helped to overhaul the curriculum for the family practice residents working in the hospital setting, and was awarded “Best teacher of medical students” in 2004.

Dr. Glaser is board certified in Family Medicine by both the American Osteopathic Board of Family Practice and the American Board of Family Medicine. She practiced family medicine and osteopathic manipulative treatment in Arvada, Colorado for three years before coming to RVU. Dr. Glaser has participated in medical missions to Guatemala with DOCARE International (a non-profit organization comprised of volunteers who provide and support the delivery of health care to indigent and isolated people). She is the Vice President for the Denver Regional Osteopathic Medical Society.



Eric E. Gish, DO

Dr. Gish graduated with a Bachelor of Science in Pharmacy from Southwestern Oklahoma State University in 1990 and practiced pharmacy before matriculating into the Texas College of Osteopathic Medicine. Prior to the completion of his Doctorate in Osteopathic Medicine in 1998, he was chosen for an undergraduate teaching fellowship in osteopathic manipulative medicine. He then went on and completed a family medicine residency at Sun Coast Hospital.

After graduating from residency, Dr. Gish returned to his alma mater to teach in the Department of Osteopathic Manipulative Medicine as an Assistant Professor. Dr. Gish is currently a board certified physician in Family Medicine and Osteopathic Manipulative Treatment as well as Neuromusculoskeletal medicine.

Dr. Gish comes to Rocky Vista University with a diverse clinical background. He has incorporated osteopathic manipulative treatment in a variety of environments including the intensive care unit, the inpatient rehabilitation unit, and the outpatient care setting. His academic interest is focused on blending osteopathic manipulative treatment back into conventional medical care to help complement the recovery process.

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NEWS NOTES

News Notes are items of interest involving our members and the osteopathic community. We are honored to have these esteemed physicians as part of our Society. Please send your items to Rachel@coloradoDO.org.



Rachel Had a Baby!!! –

CSOM is proud to announce its newest addition: Lillian Blanche Rayman. She was born on August

11, 2009 and was 8lbs 3oz. Please join us in congratulating Matt and Rachel!

Dr. Juhi Asad Had a Baby!!! –

CSOM sends its congratulations to Dr Juhi Asad and her husband Jason Bell on the recent addition to their family, Jordon Leonard Bell. Jordan was born on September 29th and weighed 6lbs 6oz. Welcome to the Osteopathic family, Jordan!

ACOFP Interviews CSOM Life Member and Past President, Mary Burnett, DO, FACOFP

As a part of their “Living History” series the ACOFP interviewed Dr. Burnett about the trials and tribulations surrounding the name “ACOFP” and its change form “ACGP”. Please visit http://www.acofp.org/inside_ACOFP/0609_Burnett.aspx to read the interview.

DO Officer elected by the Colorado BME

Lisa R. Mitchell Butler DO was first appointed to the Board May 24, 2008 and has been elected Secretary of the Board. She received her Doctor of Osteopathy from the University of North Texas Heath Science Center in 2002 and has been practicing in family practice in Fort Collins, Colorado

CSOM Member – A Novelist!

Mark Foster, DO, a recent transplant from Wyoming, has written a medical/romance novel called *Grey Matters*. He is currently shopping for a publisher and has had very positive feedback and interest. CSOM congratulates Dr. Foster and hopes to hear of the date the book hits the shelves soon!

Dr. Papadeas Receives Honor!! – CSOM member Dr. Gregory Papadeas received a prestigious accolade within the Greek Orthodox Church as an Archon of the Order of St. Andrew the Apostle on November 1, 2009. Congratulations Dr. Papadeas!!

IN MEMORIAM

Since the publication of the last ColoradoDO magazine, CSOM has learned of the following members of our community passing away:

Walter C. Mill, DO (1920-2009) – Doctor Mill passed away on November 10th, 2009. He is survived by his wife Jeanne, 2 children, and 5 grand children. Doctor Mill was the President of CSOM from 1964-1965.

PRACTICE OPPORTUNITIES

Boulder, CO - Alternative Pain Treatment Center looking for osteopathic medical director. This clinic will provide evidence based alternative pain care services utilizing manipulation, biomedical acupuncture, nutrition and lifestyle counseling, behavioral therapy, massage and exercise rehab. The proper, medicinal use of medical marijuana will be one of the tools recommended for the treatment of cancer pain, HIV and neuromusculoskeletal disorders. Thorough evaluation and monitoring of patients will be standard protocol with interdisciplinary care. This clinic works with the medical community as our main referral source. This includes the pain, cancer and neurology community. This physician will also perform typical family practice (little-to-no manipulation), co-manage care, create treatment plans and supervise the allied medical staff listed above. Clinics in Boulder and Littleton with expansion in 2010. Salary and ownership interest. Please contact Mark at 303.885.9630 or email info@bccare.net 9.30.09

Littleton, CO - Ancient Art Health Center is proud to announce the completion of 11 new treatment rooms in their clinic. We have expanded our facility in order to include additional quality health care providers as part of our cohesive team. We are a well established, multi-disciplinary, health care practice on Main Street in historic downtown Littleton. To schedule a tour of our clinic or inquiries, please call Ruth @ 303-797-6656. 7.28.09

Central Denver - Seeking a NMM/OMM board certified physician to join a small, rapidly growing OMT practice in Denver, CO. Please contact Dave Zarou, DO at : dave@oimcare.com 7.2.09

Centennial, CO - Doctor of Osteopathic Medicine needed for large multi-discipline practice. Must have interest in sports medicine, alternative medicine, women's wellness & natural hormone replacement. Full time & experienced. Fax resumes to Justin at (303) 721-0972 or e-mail to justinb@clinixusa.com 6.19.09

Family Practice Arvada, CO - Wonderful opportunity for full-time FP with OMT skills in Arvada. Nice established practice in a good suburban setting of Denver. Some hospital rounds but no OB. Looking for a board certified or board eligible physician who enjoys the spectrum of family practice with a holistic approach. Excellent salary with benefits. Fax CV (303) 423-1640 or call Patricia (303) 423-1360. 2.09.09

General Surgeon – Grand Junction. Work with three top-notch osteopathic general surgeons who are looking to add another surgeon to help meet the growing needs of the community and extend their passion for taking care of patients. This well established, well respected group has displayed great loyalty in supporting patients' needs over many years and strives to stay very active in the medical community as well. Call is 1:4. Grand Junction's quality of life is attractive to businesses, individuals and tourists alike. The combination of spectacular scenery and recreational opportunities make the Grand Junction area an easy choice. According to the Metropolitan Statistical Area (MSA), Grand Junction is the 9th fastest growing metropolitan area in the United States 2006-2007. The population increased 3.7% making it the fastest growing city in Colorado in 2007. Email your CV to Connie Mack, Professional Relations Director, Community Hospital: cmack@gihhosp.org or call (970) 255-2141.

2010 CSOM Midwinter Conference Registration

Name _____ AOA# _____ Specialty _____
 Address _____ City, State, Zip _____
 Phone _____ Email _____ Osteopathic College _____ Grad. Year _____

CME program February 21—25, 2010	Early Bird (Before Feb. 5)		(After Feb. 5)		
CSOM Member/Non-Member:	Mem.	Non-Mem	Mem.	Non-Mem	
Full course	\$485	\$760	\$560	\$835	\$ _____
Limited course (circle any 3 days) S M T W R	\$365	\$585	\$440	\$660	\$ _____
Retired Physician Member/Non-Member					
Full course	\$330	\$510	\$405	\$585	\$ _____
Limited course (circle any 3 days) S M T W R	\$270	\$420	\$345	\$495	\$ _____
Out of State DO (Member /Non-Member of your state society - Please provide proof of membership)	Mem.	Non-Mem	Mem.	Non-Mem	
Full course	\$570	\$760	\$645	\$835	\$ _____
Limited course (circle any 3 days) S M T W R	\$450	\$585	\$525	\$660	\$ _____
MD, DPM, DDS, DC:					
Full course	\$760		\$835		\$ _____
Limited course (circle any 3 days) S M T W R	\$585		\$660		\$ _____
PA, RN, NP:					
Full course	\$385		\$460		\$ _____
Limited course (circle any 3 days) S M T W R	\$290		\$365		\$ _____
Interns, Residents, Medical Students	\$150		\$150		\$ _____

Guest Registration: (All guests must register to receive a badge and have access to the exhibit area & food functions)

Spouse/Adult: Name of Guest: _____	\$90	\$115	\$ _____
Child: (under 12) Name of Child: _____	\$45	\$55	\$ _____

Advanced Registration Required: *Welcome Dinner Sleigh Ride—Reservations by Feb. 12th Menu Choices: Please indicate how many of each item			
Steak: _____ Chicken: _____ Salmon: _____	\$95.00/adult _____	\$18.00/Lap Child (3 years & under) _____	
Vegetable Dish: _____	\$50.00/child _____ (4-12 Years)		\$ _____

_____ **I Prefer a CD to a Printed Syllabus** **Total Registration Fee: \$ _____**

Fax credit card registration to **303-322-1956** or mail to:

Colorado Society of Osteopathic Medicine, 8401 S. Chambers Rd, Parker, CO 80134

Please circle: Visa / MC / AMEX # _____ Expiration Date ____ / ____ Security Code _____

Name on Card _____

Signature _____

Physician, PA, NP, RN registration includes course syllabus, breakfast and breaks daily, partial cost of Welcome Dinner Sleigh Ride and Wednesday president's reception.

Spouse/Guest registration includes breakfast and breaks daily, partial cost of Welcome Dinner Sleigh Ride and Wednesday president's reception.

Cancellation policy: Cancellations received before February 12, 2010 will be refunded registration amount less \$60. Federal law requires us to inform you that payments to CSOM are not deductible as charitable contributions. Payments may be deductible as ordinary business expenses, of which \$300 is allocated for meals.

Require assistance for disability. (CSOM will contact you)

Promoting the Healthy Patient - Agenda

Matthew Harrison, DO, Program Chair

CME Program Objectives

Physicians are constantly being asked to mend the broken, heal the sick and rescue patients from the throes of disease. According to AT Still, the Osteopathic founder and mentor, "To find health should be the object of the doctor, anyone can find disease." All of us have been to great conferences that discussed the current and best treatments for any given disease, but rarely have we had in-depth lectures on providing our patients with the means to be healthy. Billions of dollars are spent in this country to treat patients after a

diagnosis of a problem is made, yet we continue to overlook the countless savings to the "system" in dollars and time that would occur if we focused on keeping our patients healthy. Recently we have seen a trend to enter into this arena, but as a medical community we have barely scratched the surface. There should be a culture of change by focusing on health at this conference. It is the focus of the program to assist all who attend the Midwinter CME 2010 in providing some practice pearls that can not only assist physicians, but make an impact in the lives of the patients everyone treats.

PRELIMINARY PROGRAM AGENDA *Promoting the Healthy Patient* Keystone, CO - February 21-25, 2010

Sunday, February 21st

8:00 am – 11:00 am	Exhibitor Set-Up
12:00 noon	CSOM Board Meeting
2:00 pm – 3:30	Work Shop – Medical Home
3:30 pm – 5:00	Work Shop – Practice Management
5:00 pm – 6:00	Exhibitor Reception

Monday, February 22nd

6:30 am	Registration opens with breakfast
6:30 am-12:00 pm	Exhibits
7:00-8:00 am	OMM Workshop

Morning Session

PEDIATRICS	SUZANNE ROGERS, DO, MODERATOR
8:00-9:00	Pediatric Asthma
9:00-10:00	Common Dermatologic Conditions
10:00-10:30	Pharmaceutical Updates
10:30-11:30	Immunization Update for Children & Adolescents
11:30-12:30	Food Allergies
12:30-1:00	Pharmaceutical Updates
	Lunch Provided in the Exhibit Hall

Afternoon Session

MULTIDISCIPLINARY APPROACH TO A HEALTHY ADULT	
	KELLI GLASER, DO, MODERATOR
1:00-2:00	Facts, Fears, and Fixes COPIC Lecture – Lunch Sponsored One ERS Point
2:00-3:00	Physiological Adaptations & Benefits of Exercise
3:00-4:00	Mental Health Maintenance for Adults
4:00-4:30	Pharmaceutical Updates
4:30-5:30	Smiles for Life: A Primer on the Primary Prevention of Dental Diseases
5:30-6:30	A PCP's Approach to Prevention: Revisiting the USPSTF Guidelines

Tuesday, February 23rd

6:30 am	Registration, Breakfast & Pharmaceutical Updates
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Morning Session

WOMEN'S HEALTH PROMOTION	
	NICOLE HOFFMAN, DO, MODERATOR
7:00-8:00	Cardiovascular Health
8:00-9:00	Sleep Disorders
9:00-9:30	Pharmaceutical Updates

9:30-10:30	Incontinence
10:30-11:30	Breast Cancer Diagnosis & Aftercare
11:30-11:45	Pharmaceutical Updates
11:45-12:45	Thyroid Dysfunction in Women
1:00-3:00	NASTAR Race
4:00 pm	Welcome Dinner Sleigh Ride

Wednesday, February 24th

6:30 am	Registration, Breakfast & Pharmaceutical Updates
7:00-8:00 am	OMM Workshop

Morning Session

CHRONIC CONDITIONS & PREVENTIONS	
	SCOT LEWEY, DO, MODERATOR
8:00-9:00	Approach to Abnormal Liver Tests
9:00-10:00	Colon Cancer & Polyps
10:00-10:30	Pharmaceutical Updates - Exhibits Close
10:30-11:30	New Approaches to Dysphagia and GERD
11:30-12:30	Fatty Liver Disease

Afternoon Session

SPECIAL CONSIDERATIONS FOR THE ATHLETE	
	GIRISH PARANJAPE, DO, MODERATOR
2:00-3:00	Non-Traumatic Collapse of the Athlete: Syncope to Sudden Death
3:00-4:00	Counseling & Motivating the Injured Athlete
4:00-4:15	Break – in Lecture Hall
4:15-5:15	Meniscal & Articular Cartilage Lesions in the Knee
5:15-6:15	Hip Femoroacetabular Impingement in the Athlete
7:00-8:00	President's Reception – Co-Sponsored by RVU-COM

Thursday, February 25th

6:15-7:30 am	Registration and Breakfast – In Gallery
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Morning Session

EPIDEMICS – HOW DO AVOID THEM	
	RONALD BLONDER, DO, MODERATOR
7:30-8:30	Lipids Fueling the CAD Epidemic
8:30-9:30	The Epidemic of Sudden Cardiac Death
9:30-9:45	Break
9:45-10:45	Pediatric Diabetes Epidemic
10:45-11:45	Cardiovascular Impact of Community Smoking Cessation Laws

11:45 Adjourn

