

Colorado D.O.

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WHAT'S INSIDE

President's Report

Executive Director Report

Community News

COEC News

News Notes

Practice Opportunities

Summer CME Information

PRESIDENT'S MESSAGE

Michael Mohr, DO



Greetings,

I hope all CSOM members are having a great summer. The staff at CSOM has been very busy putting the final touches on our Annual

Summer Meeting and CME at Beaver Run Resort in Breckenridge, CO. The program chairman, Dr. Duane Brandau, and his moderators have put together an excellent series of lectures for "Medicine in the Mountains: A 2010 Guide to Primary Care". This conference will run from August 12th to 15th 2010. The Annual CSOM Business Meeting and Luncheon will be held on Saturday August 14th 2010 from 12:30 to 1:45pm. This will be an important meeting for CSOM members to attend to get important updates on what is happening in Osteopathic medicine at the state and national level.

The AOA House of Delegates will be held in Chicago, IL from July 15th to 18th. I am proud to announce that the Colorado delegation increased from 6 to 7 seats with an additional seat for an Osteopathic medical student representative from Rocky Vista University - College of Osteopathic Medicine. The Colorado delegation will represent our state very well as we work with other delegations to review resolutions important to the future of Osteopathic Medicine. The other exciting happening at this year's HOD will be the inauguration of Dr. Karen Nichols as AOA president. Her leadership skills and experience in the Osteopathic profession will ensure a successful term as president of the AOA.

As we all know, this is an important election year with campaigns for local, state, and national office in full swing. It remains very important to be active

EXECUTIVE DIRECTOR'S REPORT

Terry Boucher, MPH



Evolution Pathways

Colorado physicians are faced with ongoing demands to provide evermore efficient, high quality medical care. But these demands are not insurmountable. Colorado is fortunate to have a wave of programs and initiatives that are supporting the drive to enhance the integration of the delivery system through medical homes and medical neighborhoods. Understanding and working on these advanced care models can help you in a number of ways including:

- Effectively communicating and coordinating care - using health information technology and health information exchange;
- Establishing standards and monitoring performance - using evidence-based medicine and population health management;
- Demonstrating continuous improvement - using a systematic, quality improvement approach; and
- Providing value to the community - maximizing the efficiency, quality and safety of care.

Just like the strand of thread that weaves together a blanket, the stepwise pursuit of these models may initially appear small or disconnected, but they can evolve into dynamic changes for you, your practice and your patients. The medical home and medical neighborhood models are pathways to improved individual and system performance and viability. Whether you are interested in implementing state-of-the-art care management protocols, achieving meaningful use of an electronic medical record to secure federal stimulus funding, or nailing the latest health plan pay

President's Message
Continued From Page 1

in the legislative process with so many important issues that are being decided. CSOM and CMS have been busy attending legislative receptions over the past several weeks and more will come as the elections gets closer. Having a physician present at these receptions is important and makes a huge impact on the legislator to hear our point of view. It is also important to contribute to the CSOM OPPC to ensure that our voice and concerns are heard by the candidates.

This will be my final message to you as CSOM President. It has been an honor to serve over the past year. I want to thank Terry Boucher and Rachel Rayman for all their help and dedication to CSOM. This society is successful due to their hard work in running the daily activities. I also want to thank the CSOM Board members; this is a group of volunteer osteopathic physicians that have given an incredible amount of time to work on the issues facing osteopathic medicine in the state of Colorado. We will inaugurate Dr. Dan Clang as our new president on August 14th 2010. His experience on the CSOM board and leadership skills will be an excellent asset for success of our society over the next year. I look forward to working with him and the entire board in 2010-2011. Finally, I want to thank the members for their support over the past year. I wish you all great success in all your endeavors both professionally and personally.

***Please join us for the
2010 Annual Meeting &
Summertime CME in
Breckenridge, CO!!!***

***Witness the
inauguration of our new
President, Daniel Clang,
DO!!!!***

Details on Page 12!!!!

Executive Director's Message
Continued From Page 1

for performance program, the medical home/neighborhood models provide an operational framework for you to meet the challenges of 21st century health care.

"Its hard work, but not as hard as medical school or residency," says Scott Hammond, MD, medical director of the Systems of Care/Patient-centered Medical Home Initiative, referring to his drive to become a patient-centered medical home. "Now with the passage of federal health care reform, rather than scrambling to respond I know that I'm better prepared to survive and thrive in the future," he says. You can be too, and there are a host of resources to help.

A medical home is a way of coordinating all health services in a quality, cost effective manner. Primary care medical homes emphasize team-based care that center on understanding and meeting patient and family needs. Colorado is home to many nationally renowned medical home programs including the Systems of Care (SOC)/Patient-centered Medical Home (PCMH) Initiative, Health Team Works (formerly Colorado Clinical Guidelines Collaborative) all-payer pilot, and the Safety Net Medical Home Initiative.

On top of that the state actually has laws on the books to support the medical home and provide care for children in state-assisted programs. The Colorado Medical Home State Leadership Group, a collaboration of state agencies, professional provider organizations, non-profit organizations, and patient and family advocates, has been tasked with the role of aligning these efforts and working to unify the messaging.

Taken together, these initiatives help to proactively position the state as the implementation of the federal health care reform bill begins. The medical neighborhood, the broader network of health care providers that participate in the care of a patient, is the natural extension of the patient-centered medical home model. The medical neighborhood provides a framework for better commu-

nication and safe, effective transitions of care between primary care and specialty care physicians.

By focusing on care coordination, physicians within a patient's care team ensure that the patient is getting the right care in the right place at the right time. This is an important opportunity for primary care and specialty care physicians to come together and to decide how they can design a delivery system from the bedside up. You can learn more about the medical homes and medical neighborhoods at <http://www.cms.org/SOCCPMHI/MedicalHomeCommunities.html>.

The SOC/PCMH initiative, funded by a grant from the Colorado Health Foundation, is designed to help physicians like you get started with your practice evolution. This initiative is a partnership between the Colorado Society of Osteopathic Medicine, Colorado Medical Society, primary care specialty societies (CAFP, AAP-CO, ACP-CO), and Health Team Works (formerly CCGC). Over the past year, the initiative has developed and tested plans and programs for physicians to foster medical home models. We now offer a suite of performance improvement services ranging from large-group educational presentations, to practice-based hands on learning sessions like parades of medical homes, to rapid improvement activities. The initiative is in the process of rolling out these programs statewide and welcomes the opportunity to come to your practice and your community. Contact the CSOM Resource Advisor, Terry Boucher at 720-874-2454 to set up a meeting or to obtain additional information on the Patient-Centered Medical Home Initiative.

The Colorado Health Foundation works to make Colorado the healthiest state in the nation by investing in grants and initiatives to health-related nonprofits that focus on increasing the number of Coloradans with health insurance; ensuring they have access to quality, coordinated care; and encouraging healthy living. For more information, please visit www.ColoradoHealth.org.

CSOM COMMITTEE ACTIVITY

MEMBERSHIP COMMITTEE

Chair, Jonathan Bloch, DO

Members: Daniel Clang, DO; William Mandell, DO; Joseph Kupets, DO; Douglas Hill, DO; Melody Paulishak, DO; Kenton Asche, OMSII

CSOM would like to congratulate its newest members! Welcome to the Society and the future of Osteopathic medicine in Colorado!

Jay Swedloff, DO - Family Practice
Golden

Greg Sarin, DO - Orthopaedics
Steamboat

Premjit Deol, DO - Orthopaedics
Golden

Alan Schultz, DO - Family Practice
Alamosa

Julian Gershon, DO - Sports Medicine
Grand Junction

PUBLIC AWARENESS COMMITTEE

Chair: Kelli Glaser, DO

Members: Matt Harrison, DO; Louis Kasunic, DO; Juhi Asad, DO; Brian Koper, DO; Melody Paulishak, DO; Brittany Ganser, OMSII

Another exciting way for members to get involved in the community on behalf of CSOM and Osteopathic medicine is to consider volunteering for PROJECT

C.U.R.E. (Commission on Urgent Relief & Equipment). It was founded in 1987 to help meet the need for medical supplies, equipment and services around the world. They have a warehouse in Centennial that is in desperate need of volunteers to help sort and test medical equipment that can then be sent to clinics all over the world. They also need volunteers for medical missions and to complete clinic site evaluations to ensure they need the requested equipment. Dr. Glaser went for a visit a couple of weeks ago and it is quite an impressive operation. If you are interested in volunteering, please contact her and she will put you in touch with their volunteer coordinator. They will accept one time volunteers or on a recurring basis that is convenient for you. If you would like more information you can visit their website at www.projectcure.org.
Kelli Glaser, DO
720-875-2834
kglaser@rockyvistauniversity.org

Member News

In April, CSOM members Dr. Joe Stasio, Dr. Chris Unrein, Dr. David Kanze, Dr. Tom Told, and Dr. Ken Ramey volunteered at various locations for the 9 Health Fair. RVU was a site for the fair and the physicians saw more than 300 people. The school was also a feature location for 9 News reporter/Weather Man Ashton Altieri.

In May, Dr. Dmitry Pales and several RVU students volunteered with faculty and students from CU at the AHEC health screening booth at the Cinco de Mayo festival in downtown Denver. They provided free blood pressure and glucose screening to the public. CSOM members Dr. Kelli Glaser, Dr. Eric Gish, Dr. David Kanze, and Dr. LeAnn Jons-Cox all volunteered for the Rocky Run to benefit the RVU chapter of SOMA (Student Osteopathic Medical Association). It was a wonderful event with over 100 participants who had the opportunity to receive free OMT after the race.

In June, Dr. Eric Gish volunteered for the Daniel's Fund SHIFT scholarship program on a health career panel for college freshman representing the osteopathic profession. CSOM members Dr. Kelli Glaser and Dr. Brad Kamstra spent one week in Guatemala on a medical mission providing basic primary care to underserved communities from remote rural areas to the inner city shanty towns. Representing DOCARE and RVU, over 650 patients were seen throughout the week. If you are interested in being involved in international medical missions with DOCARE please contact Kelli Glaser, DO (see PR report) for information on upcoming trips.

OSTEOPATHIC PLEDGE OF COMMITMENT

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded – the dynamic interaction of mind, body and spirit; the body's ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

- ⇒ Provide compassionate, quality care to my patients;
- ⇒ Partner with them to promote health;
- ⇒ Display integrity and professionalism throughout my career;
- ⇒ Advance the philosophy, practice and science of osteopathic medicine; Continue life-long learning; Support my profession with loyalty in action, word and deed; and live each day as an example of what an osteopathic physician should be.

CSOM COMMUNITY ACTIVITY

MEET THE CSOM TRUSTEES



Meghan Mont, DO - Resident Representative

Dr. Mont attended the University of Indiana - Bloomington where she earned a Bachelor's in Science and minored in Spanish. She is trilingual, speaking English, Spanish, and Oshingdonga.

She went on to ATSU/KCOM where her 3rd and 4th year rotations brought her to Colorado and COEC. She graduated in 2008 and was accepted into the Rose Medical Center Family Practice Residency. She is a member of many committees in her program and is an avid volunteer worker and coordinator.



Aaron Dunn, OMSII - RVU Student Representative

Student Doctor Dunn was recently elected as the 2010/2011 President of the RVU Student Government Association. He graduated from the University of Colorado at Boulder with a BA in Spanish and an integrated minor in Business in 2007. He then attended the University of Colorado Health Science Center where he graduated with a Master's in Public Health in 2008.

Before medical school Student Doctor Dunn worked at the Colorado Health Institute, specifically working on a project for the Center for Improving Value in Health Care. At this point in his medical career, he is interested in surgery but also understands the value of population health and is fascinated by determinants of health.

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OSTEOPATHIC COMMUNITY NEWS

AOA

Joel Cooperman, DO
AOA Trustee

The AOA is looking for alternative locations for the Washington office since they are outgrowing their current space. The AMA president has been sent an official invitation to attend the House of Delegates (HOD) as an Ambassador. This is an arrangement they hope to reciprocate at the AMA's HOD. Refining the procedures at the HOD is under review. There may be some new wrinkles this July. AOA membership is at an all time high. The AOA financial position is slowly improving. There will probably be additional funds available for this fiscal year. The AOA continues to strongly pursue Medicare payment reform. There was an independent poll conducted by the AOA recently that shows 1 in 4 DO's will discontinue seeing Medicare patients should the 21% cut in reimbursement go through. The full results of this poll will be widely distributed on Capitol Hill.



ACOFP

Jeffrey Bacon, DO
CO ACOFP President

In March a full contingency of delegates from Colorado attended the House of Delegates (HOD) meeting in Las Vegas. Dr. Richard Book (La Junta) was elected to a reference committee this year. The morning before the voting began the Colorado Delegation caucused with the Texas Delegation to discuss the three different reference committees and how we were going to vote. At the conclusion Rebecca Lewis, OMSIII was elected as the new Student President of National ACOFP! Rebecca is a third year medical student at RVU-COM. Congratulations!!!

RVUCOM sent a student delegation to the Las Vegas meeting. The student chapter of ACOFP is implemented and appears to be growing rapidly, largely in part to Dr. Matthew Harrison and the hard work of the students. After meeting with the new President of the student chapter, Joseph Krakker, OMS-II, discussion took place on how we could

work together to make ACOFP stronger in the future.

It is with great pride and a little sadness, that CO ACOFP announced President Matthew Harrison, DO has stepped down. Dr. Harrison joined the Army as a Commissioned Officer and has chosen to serve our country as a Military Doctor. Once Dr. Harrison completes his training, he and his family have chosen Germany for the site of their new adventure together. Good luck Harrison family!



CO. SPRINGS OSTEOPATHIC FOUNDATION

John Kurish, DO
President

CSOF's grants totaled \$84,000 this year and since they sold their large building, the grants will go up significantly. They awarded grants to:

- Mission of Mercy Program
- Colorado Springs Therapeutic Riding Center
- Harbor House
- Peak Vista Community Health Centers
- Safe Passage
- TLC Pharmacy

They also awarded 3 scholarships to Osteopathic Medical students from Colorado. In their applications they were asked to give a detailed "10 Year Plan" and that plan was to include how, why, and when they planned to return to Colorado to practice.

The CSOF Annual Membership Business Meeting was June 9, 2010 at the Garden of the Gods Club.



DOF - DENVER OSTEOPATHIC FOUNDATION

Timothy Judd, DO
President

The Denver Osteopathic Foundation Board met for its quarterly meeting on Tues. May 11, 2010. The primary health and safety programs the Foundation is sponsoring and supporting were reviewed in detail, and grant

funding of these programs was discussed also.

Programs:

- Buckle Up for Love
- Adolescent Occupant Protection Program
- Pedestrian Safety Program
- Stop, Look, and Listen
- Save a Friend - Save yourself
- Teen Mothers - Buckle Up Your Children

DOF is also working on securing a grant from Colorado DOT for the Traumatic Brain Injury Trust Fund, specifically for Pediatric Concussion Management.



ROCKY VISTA UNIVERSITY-COM

Bruce Dubin, DO, JD,
FACOI, FCLM, Dean
Starting August 1st, the
Rocky Vista University Col-
lege of Osteopathic Medi-

cine will begin its third academic year. Our entering class will also realize a new curriculum structure here at RVU-COM. A new "Application Based" curriculum model will be incorporated into our training here at RVUCOM with a re-sequencing of our course structure. We're excited about this new structure and believe it will enhance student education in the training of excellent physicians.

There are also some new tracts that will be incorporated into this upcoming academic year as well. RVUCOM has more candidates on military scholarships than any other medical school in the United States, with the only exception being the government's Uniformed Services University of the Health Sciences. With an anticipated number of over 70 students on military scholarships training at RVUCOM, a new military tract is being developed to help train our students in some of the specialized aspects necessary for success in their future role as a military physician. This will afford unique educational experiences in aspects of trauma, tropical medicine, triage, disaster life support and military life.

(Continued on page 6)

OSTEOPATHIC COMMUNITY NEWS (CONTINUED)

(Continued from page 5)

In addition to military medicine, we are recognizing the desire that many of our students have to pursue a career as an osteopathic physician in the area of global healthcare. A new global medicine tract is being initiated that will provide additional training and rotation experiences around the world. Students will study tropical diseases, different healthcare delivery models, advanced epidemiology and increased physical diagnostic skills.

Lastly, a new rural/wilderness tract has been developed by Dr. Tom Told. This tract will enhance the many skills and competencies required for successful practice in rural areas of the Mountain West region. Dr. Students in this tract will have increased rotation opportunities in rural areas of Colorado, and receive advanced practice lectures geared for the rural practice of osteopathic medicine.

RVUCOM is excited about these new programs as we increase the osteopathic presence here in Colorado. Please feel free to stop by or call if you would like more information on any of these programs.

If you are interested in allowing prospective RVUCOM students to shadow you for their admission process, please email your CV to admissions@rockyvistauniversity.org



RVU STUDENT REPORT

Aaron Dunn, OMSII - SGA President

Student Government Updates

- **SGA Spring Elections Results**
- SGA President - 2010-2011: Aaron Dunn, OMS-I
- SGA Curriculum Representative - 2010-2011: Derrick Morford, OMS-I
- **RVU Student Doctor of the Year** - Matthew Puderbaugh, OMS-II
- **End of Year Awards Gala** - sponsored by SGA, will feature both student and faculty awards presentations

- **AOA H.O.D. Student Delegates:** Derrick Morford, OMS-I; Alice Major, OMS-II

Student Outreach

- **2nd Annual 9 Health Fair at RVU** - sponsored by SOMA and RVUCOM
- **2nd Annual Cinco de Mayo Health Booth** - collaboration between Area Health Education Centers (AHEC), Colorado Medical Society-Medical Student Section, University of Colorado School of Medicine, and RVUCOM
- **DOCare** - Bi-annual Guatemala medical outreach trip

On-Campus Activities

- **Class of 2012**
 - Last day of classes: 5-5-2010
 - Kaplan Board Review Course
 - Rotations planning
 - Capstone Course - July 12 - August 1
 - Class Government Elections
- **Class of 2013**
 - Last day of classes: 5-25-2010
 - Selected Topics in Medicine Course
 - Taking over club leadership
 - Medical Spanish immersion elective - Costa Rica
 - Class Government Elections



THE ADVOCATES (ACSOM) REPORT

Zea Moullet - President

Since the publication of the last newsletter, ACSOM President Sara Harrison has stepped down. She will be joining her husband, Dr. Matthew Harrison, in moving to Baumholder Germany. Zea Moullet, Director of Student Services for RVU, ACSOM Member, and wife of Student Dr. Paul Moullet, has been elected President. In addition to Zea's appointment, ACSOM also elected a Board of Trustees as well as an Officer. Deborah Stasio, wife of Dr. Joseph Stasio, Chair of Family Medicine at RVU, has been elected a Trustee; Kathy

Leary, Director of Financial Aid for RVU, has been elected Secretary Treasurer; and Rachel Rayman, Membership & CME Coordinator for CSOM has been appointed as CSOM Liaison to the Advocates.

The ACSOM Golf Committee has been working diligently on getting sponsorships and golfers for this year's event in Breckenridge. There are different sponsorship levels, and they have decided to sell Mulligans. If you would like to golf or sponsor or both, please visit www.coloradoDO.org to sign up.

ACSOM has done a membership drive, so if you received a letter from them inviting your spouse to join, please think about getting involved. The group is not just for spouses anymore. They are comprised of spouses, friends, and family of Osteopathic Physicians and the Osteopathic Community. ACSOM raises money for scholarships to support Osteopathic Medical Education in Colorado. In addition to membership dues, and the golf tournament, ACSOM also puts on monthly lunches at RVUCOM. In the winter they served soup, and they did a spring taco lunch in April.

If you or someone you know would like to get involved with the Advocates, please call (303) 322-1752 or email rachel@coloradoDO.org.

Here are the 2010 ACSOM Scholarship Winners:



Rick Carlson, OMSIII



Stacy Page, OMSIII



Meghan Croteau, OMSIII



Kelly Beurger, OMSIII

CONTRIBUTED ARTICLES



MOTIVATION FOR ADEQUATE CARE IS PAST

Submitted by Don Self
Speaker & Author

As a pilot, it is my responsibility to make sure that I catch something before the flight that could go wrong, even if there are no symptoms that something is amiss. Therefore, I'm not only doing a visual inspection, but I'm also checking the performance of the ailerons, rudder, throttle, yoke, etc., but I'm also testing the fuel to make sure there is no water in either fuel tank, the oil & hydraulic pressure is what it should be, and I make sure that every component of the plane is tested at regular intervals, including taking the propeller & engine out to have them diagnostically tested. Since the lives of my family members depend on more than just an adequate inspection, a wise pilot will use evidenced based diagnostics on the different components of their plane.

Unfortunately, during the 90's, many insurance carriers (including Medicare) rewarded physicians for "adequate" care, so that they paid more for office visits and procedures. Carriers refused to pay for many diagnostics that would have caught problems earlier and that ended up costing the carriers billions of dollars. Physicians needing to cover their expenses got into the habit of working harder, seeing more patients, spending more hours at the office, etc... and many fell into the routine of adequate care, out of necessity. To keep the doors open and cover the increasing expenses, the physicians had to see 30 to 35 patients a day and work long hours.

That changed during the last decade, but most physicians are still

unaware that the trend in the insurance industry has switched to evidenced based medicine, which rewards them for good medical care. This trend has also enabled physicians in specific specialties to make more money for seeing fewer patients, while following evidenced based medicine (EBM) guidelines. Those specialties include Family Practice, Internal Medicine and Geriatrics. In fact, in spite of what you may have heard, physicians in these specialties have figured out that they get paid more for seeing Medicare patients and following evidenced based medicine, than they are paid for any other type of patient. This isn't necessarily the case for other specialties and definitely is not true for physicians continuing to render adequate care instead of evidenced based medicine.

In 2001, Medicare started putting more money into evidenced based guidelines and reducing payments for many procedures, to comply with the Balanced Budget Act of 1996. They did not tell the physicians that they were increasing the payment for specific diagnostics, clinical lab and some imaging, so doctors continued to practice how they did in the 90s. In 2007, Medicare came out with the PQRI with 77 measures and for the first time, they told doctors how they wanted them to practice. Yet, the vast majority of physicians did not grasp the significance, as they only saw the measly 1 1/2% bonus that Medicare was offering. They missed the fact that adopting EBM achieved better medical outcomes and increased their income by 20%. So, in 2008, they expanded PQRI from 77 measures to 135 measures – yet physicians still did not take advantage of it.

Yes, some physicians reported on PQRI, but reporting it was not the true benefit, as reporting only resulted in the average physician get-

ting a \$4 a day bonus. Most primary care physicians can easily increase their daily income by at least \$600 by following PQRI – if they will take the time to learn it. In 2009 and 2010, PQRI increased the number of measures to 153 and 175, and still we find that only about 5% of the primary care physicians are starting to realize what it can mean to them. In my book, we listed several of the measures and how that affects the patient care and the bottom line. You can also download the PQRI file in pdf format at www.donself.com or you can call me at 903 372-7529 and we'll discuss how it can make a difference in your own practice. In the meantime, don't let anyone convince you to drop your Medicare, see less Medicare, retire early or sell out to the hospital. You can still make a huge difference with your patients and increase your income – but you have to be willing to do more than just adequate care. You have to give your patients the kind of care you want your own family members to receive.

Don Self has spoken to large and small groups of physicians of varying specialties all over the country. As the CEO, Principal and Consultant of Don Self Associates, Inc, he has reviewed coding, billing and charge patterns of more than 835 physicians. He has been a seminar leader for more than 40 seminars on coding per year. He offers consulting for physicians, hospitals and groups in areas of reimbursement. Don has conducted seminars and educational workshops for physicians, staff, coders, collectors and claims personnel.

**The opinions contained within do not reflect the opinions of CSOM*



FREE PROGRAM HELPS ELIGIBLE UNINSURED

COLORADANS SAVE ON PRESCRIPTION MEDICINES

**Submitted by Together Rx*

In today's economy, doctors of osteopathic medicine are seeing an increasing number of uninsured patients who are struggling daily to access the medicines they need to stay healthy. To make ends meet, some individuals may be putting their health on hold to focus on other more immediate needs. This is of concern as more than two million residents are suffering from chronic diseases.*

Fortunately, resources are available that can help uninsured individuals save on their prescriptions – without sacrificing their family's well being.

Rx Help for Uninsured Individuals

One free program, Together Rx Access, sponsored by many of the nation's leading pharmaceutical companies, provides eligible individuals and families with immediate and meaningful savings on prescription products right at their neighborhood pharmacies.

Individuals may be eligible for the Together Rx Access® Card if they do not qualify for Medicare, do not have public or private prescription drug coverage, and have a household income of up to \$45,000 for a single person to \$90,000 for a family of four (income eligibility is adjusted for family size).

Most cardholders save 25 to 40 percent† on brand-name prescription products. More than 300 brand-name prescription products are included in the Program.‡ Savings are also available on a wide range of generics. Medicines in the Program include those used to treat high cholesterol, diabetes, depression, asthma, and many other common conditions. The Together Rx Access Card is free to get and free to use.

Nearly 800 pharmacies accept the Together Rx Access Card in Colorado. Cardholders simply bring the Card to their neighborhood pharmacist along with their prescription, and the savings are calculated right at the pharmacy counter.

Quick and Easy Enrollment

Together Rx Access offers potential cardholders three easy ways to enroll in the Program. And, no documentation is required.

- Visit TogetherRxAccess.com to instantly enroll online.
- Call the toll-free phone number 1-800-250-2839.
- Complete a short paper application and return it by mail.

All enrollment materials, including the Together Rx Access website, are available in English and Spanish. A Together Rx Access quick start savings card is also available. Potential enrollees simply call a toll-free number to find out if they are eligible, enroll, and instantly activate their Card. Osteopathic physicians interested in receiving a supply of quick start savings cards, or other enrollment materials for distribution to uninsured individuals, can visit www.togetherrxaccessonline.com/order/.

For more information, visit TogetherRxAccess.com or call 1-800-250-2839.

New Online Community

Through its outreach to hardworking Americans about the prescription savings program, Together Rx Access has seen the impact of saver-to-saver communications. In response, Together Rx Access recently launched Together-ONE, an online savings community that connects people to information that can help them learn ways to live on a budget, find bargains, and save on prescription medicines, groceries, and other things they need to live a healthy life. For more information, visit TogetherONE.com.

*Partnership to Fight Chronic Disease. Available at <http://www.fightchronicdisease.org>. Accessed June 7, 2010.

†Each cardholder's savings depend on such factors as the particular drug purchased, amount purchased, and the pharmacy where purchased. Participating companies independently set the level of savings offered and the products included in the program. Those decisions are subject to change.

‡Visit TogetherRxAccess.com for the most current list of brand-name medicines and products.

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DROMS REPORT

Please note: Due to changes in Pharma Guidelines, DROMS meetings will no longer offer CME credit. DROMS dinners are meetings of District 1, accompanied by a lecture. Any meeting sponsored by a non-pharm company is open to members and a guest that does not have to be a healthcare professional.

The March DROMS meeting was held at

Maggiano's downtown and was sponsored by Alcon Labs. The speaker, long-time CSOM member, Gregory Hogle, DO spoke on seasonal allergy rhinitis, just in time for allergy season.

In May, DROMS went to a new location, The Wellshire Events Center. This historical building was a lovely setting for a discussion on abdominal diagnostic radiology. Touchstone Medical Imaging sponsored the evening, and Eric White,

MD was the speaker.

On July 15th, DROMS will be holding annual elections. Nomination forms have been sent out! **Start thinking about your nominations now!!** The dinner will be held at Pappadeaux's in DTC, and the talk will focus on Asset Management. The sponsor has elected a cash bar, but since they are non-pharm, a guest/spouse is welcome to come.

COEC NEWS

COLORADO OSTEOPATHIC EDUCATION CENTER

Chair: Ian Levenson, DO, FACFP

Committee Members: Joseph Lovato, DO; Scott Strauss, DO; Mark Twardowski, DO, FACOI; Jeff Bacon, DO; Tom Moore, DO

GRADUATION

The Annual COEC Graduation Dinner, held on April 13th, provided an evening of recognizing the accomplishments of 20 COEC students who went on to graduate from their respective Colleges in May and June. Ian Levenson, DO, FACFP, COEC Chair and Regional Assistant Dean for KCOM, proudly announced that 135 students have now completed their clinical training through COEC. And, approximately 12-15 have returned to Colorado to practice. Following the presentation of desk nameplates to each graduate in attendance, Dr. Levenson asked each one to share with the guests their funniest or most interesting experience over the past four years. Among the precep-

tors applauding their stories were Jack England, DO (FP); Leonard Zemel, MD (Endo); Jeremy Erdley, MD (Peds); Maria Gentile, DO (OMM); Larry Varner, DO (Ortho); Richard Barber, DO (FP); Jeffrey Fowler, DO (OB); and Alex Zimmer, MD (Neuro). Also present were Terry Boucher, CSOM Executive Director and Bill Mandell, DO, JD (Col. Spgs.) who represented the CSOM Board on which he serves as Vice-President.

COEC's Didactic Program continued throughout the past year with the Oral Cases, Journal Club and Guest Lectures every other Friday afternoon. Maria Gentile, DO, OMM and Ken Greenberg, DO, Inf. Disease, Drs. Sanders & McGrath became Moderators this past year joining Scott Strauss, DO, Lou Kasunic, DO, FACFP, and Dr. Levenson.

ORIENTATION

Our first Orientation of the new school year was held on June 30 and July 1 for

10 new students from Kirksville and Touro in Vallejo, CA. It was a full two-day schedule that included site trips to North Suburban Med. Center and PSL's Medical Library. Each stop provided a look at what they will experience during their clinical years in Colorado. COEC Chair, Dr. Ian Levenson, welcomed everyone and gave them a glimpse of the past with the founding of COEC in 1999. He covered *Expectations* including standards of behavior, dress code, attendance, and appropriate use of "down time", as well as *Ethical and Moral Behavior Standards* including patient respect and confidentiality, behavior toward hospital, medical and office staff, and expected behavior within the community and the state.

Once again COPIC Insurance Companies welcomed the students with a hot breakfast and Alan Lembitz, MD of COPIC gave a Patient Management/Risk Management talk including the importance of clear patient charting.



Dr. Levenson with the graduating class of 2011. (Back row l-r) Mark Schwartz-KCUMB, Steven Leto-TOURO, Dr. Levenson, Jennifer Jaskiewicz-TOURO, Lyndsay Hoemberg-KCOM, Scott Hilton-PCSON, Joshua Storey-KCOM, Jacob Rumley-KCUMB, Scott Sasovetz-KCOM, (Front row l-r) Alexandra Berge-KCOM, Andrea Schwartz-KCUMB, Cathy Koger-KCOM, Elisabeth Heal-KCUMB, Anna Krauss-KCOM.



Elizabeth Stuyt, MD (Psych), came up from Pueblo to honor the students she had precepted.



Two COEC Alumni, Kathleen McGrath, DO (FP Kaiser Permanente) and Rob Sanders, DO (UC Peds) joined as new Education Day Moderators this year.



Scott Hilton-Pikeville gives a "thumbs up" to graduation while KCOM classmates Cathy Koger and Josh Storey wish each other well.



Tracy Hume, Touro OMSIV, presented 3rd year insights including "raising the bar" on each rotation.



Sue Slone, MD, Trauma Surgeon at Swedish Med. Center, explains expectations of the 3rd yr. Surgery II rotation including being part of a 10-15 member team of residents & attendings.



Incoming 3rd year students are (Back Row l-r) Parisa Roghani-TOURO, Ian Fowler-TOURO, Andrew Revelle-KCOM, Tyler Hill-KCOM, Mike Conte-KCOM; (Front Row l-r) Amy Yip-TOURO, Amanda Chan, TOURO, Lisa Atack-TOURO, Rachel Saul-KCOM, Katie Davenport-KCOM

NEWS NOTES

News Notes are items of interest involving our members and the osteopathic community. We are honored to have these esteemed physicians as part of our Society. Please send your items to Rachel@coloradoDO.org.



CSOM and DO Day on the Hill

CSOM Member, Douglas Hill, DO, and RVU student Beatrice Taylor, OMSIII joined forces at DO Day on the Hill. Here they are pictured meeting with Congresswoman Betsy Markey (D-4th).

CSOM Past President Honored for Service

Thomas Told, DO, FACOPF, *dist*, was recently honored by Moffat County Colorado for 34 years of volunteer service as the Moffat County Medical Officer. Dr. Told was given an award at a dinner in his honor. Congratulations!

DO Guest Blogs on NOM Week

Joel B. Cooperman, DO, served as a guest blogger on 4/19/10 for the *Denver Flower and Gardening Examiner*. As the blog typically covers gardening topics, Dr. Cooperman's post touches on how flowers and other plants have been used for their medicinal value by different cultures. After mentioning that this week is National Osteopathic Medicine Week (NOM), Dr. Cooperman goes on to explain how, as a DO, he often tries to avoid prescribing drugs when other treatments may be successful.



Peter Schmid, DO, FAACS, FAOCOHNS

Another CSOM Member Helps in Haiti

Peter Schmid, DO, FAACS, FAOCOHNS also visited Haiti after the earthquake. CSOM is so proud of how its members swiftly reacted to the call for help!

IN MEMORIAM

Since the publication of the last ColoradoDO magazine, CSOM has learned of the following members of our community passing away:

John Bumpus, DO (1912-2007) – Doctor

Bumpus had been a member of CSOM since 1936. He graduated from DMU-COM in 1935. Dr. Bumpus was the first Team Physician of the Denver Nuggets basketball team (1939). Both of his parents and one Uncle were also DO's. He is survived by daughters, Dallis Young of Grove, OK; Mary Leighton Bumpus of Ojai, CA; and son J. Frank Bumpus III of McMinnville, OR; three grandchildren; and five great grandchildren.

CSOM EVENTS CALENDAR		August 16	CSOM Closed
July 13-18	AOA House of Delegates	September 6	CSOM Closed – Labor Day
July 15	July DROMS Meeting: ELECTIONS!!!! 6:30 pm at Pappadeaux's in DTC *Not Pharma Sponsored, so guests are welcome	September 20-23	LECOM Primary Care Update Grand Wailea Resort, Maui, Hawaii 20 Hours of Category 1-A Register Online: http://lecom.edu/phys_cme.php
July 30	Early Bird Rate Ends for Summer Conference	October 16-17	2010 CME in the City Rocky Vista University, Parker, CO 12 Hours of Category 1-A Register Online: www.coloradoDO.org
August 12-15	CSOM 2010 Annual Meeting & Summertime CME Beaver Run Conference Center, Breckenridge, CO 25 Hours of Category 1-A Register Online: www.coloradoDO.org		

CONFERENCE HIGHLIGHTS

The CSOM Midwinter Conference was quiet this year due to the recession. Although smaller than usual, the content was well received and evaluations were very good for both the presentations and the speakers. Matthew Harrison, DO was the Program Chair and put together a program theme of Preventative Medicine.

Sunday featured 2 workshops: One on the Patient Centered Medical Home Concept and the other on Medicare Billing. The program consisted of 6 sections: Pediatrics, Multidisciplinary Approach to a Health Adult, Women's Health Promotion, Chronic Conditions & Preventions (GI), Special Considerations for the Athlete, and finally, Epidemics – How to Avoid Them.

Dates are set for 2011 & 2012!!! 2011 will be held in Keystone, CO, February 6-10 and 2010 will be held in the NEW location of Copper Mountain, February 18-23. Always watch www.coloradoDO.org for current information on all of our CME events! Remember to register for the Summer CME right now – early bird rates end July 30th!

CSOM is actively looking for Moderators for our upcoming 2011 Winter and Summer Meetings. If you would like to volunteer or have suggestions, please contact Rachel Rayman at rachel@coloradoDO.org OR (303) 322-1752. Moderators MUST be CSOM members. If you would like to be more involved in the CME process and are interested in being on the CME Committee, contact Rachel Rayman.

PRACTICE OPPORTUNITIES

Rocky Vista University - Part-time Adjunct Faculty Position: The Department of Primary Care at RVUCOM has part-time openings for Principles of Clinical Medicine Laboratory Instructor starting this August 2010. Time commitment includes Wednesday and/or Friday afternoons from 12:30 pm to 5:00 pm. Teaching involves history and physical examination skills, procedures skills and small group case discussions with first and second year students. If interested, please contact and send CV to Joseph Stasio, D.O., Chair, Department of Primary Care at jstasio@rockyvistauniversity.org or call 720-875-2816. 6.30.10

Colorado Springs - Small, rapidly growing, established family practice seeks a full time (four days/week) DO to join us in our friendly, personal clinic. Outpatients only, attractive call schedule (phone only), benefits and option for buy in if desired. For more details contact our office manager, Deb at 719-314-3120. Position available July 1, 2010. 6.1.10

Westminster, CO - Two Family Medicine Physicians seek a third BE/BC FM Physician who is interested in joining and working in a Patient-Centered Medical Home. We are looking for a full-time or part-time physician. Westminster Medical Clinic, located in Westminster, Colorado, is a busy, expanding private practice with an established patient base and

no Medicaid or OB. We offer excellent benefits, competitive compensation, an attractive call schedule and the opportunity to join a great healthcare team active in health care reform and clinical research. Our office is located 12 miles north of Denver and 17 miles south of Boulder, Colorado. Unlimited outdoor recreation and cultural events are available year round in this beautiful community. Contact: Linda Gouthier, west-medlinda@comcast.net (303) 487-5166. Visit our website at www.westmedprimarycare.com 4.21.10

Denver, CO - Slightly used 10 year old OMM Table in great condition. Portable fold up table, with handles. Cash only and must be able to pick up. \$225 OBO call Mrs. Walter Mill at (303) 300-9726 2.18.10

Parker, CO - Space For Sub-Lease: Beautiful new clinic space attached to the Rocky Vista University COM building! Contact jcox@rockyvistauniversity.org for more information! 2.5.10

Family Practice Arvada, CO - Dynamic opportunity for full-time FP with OMT skills in Arvada. Nice established practice in a good suburban setting of Denver. Some hospital rounds but no OB. Looking for a board certified or board eligible physician who enjoys the spectrum of family practice with a holis-

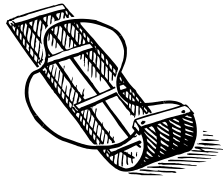
tic approach. Excellent salary with benefits. Fax CV (303) 423-1640 or call Patricia (303) 423-1360 12.22.09

This section may contain third party advertisements and links to third party websites. The Colorado Society of Osteopathic Medicine (CSOM) does not make any representation as to the accuracy or suitability of any of the information contained in those advertisements or websites and does not accept any responsibility or liability for the conduct or content of those advertisements and websites and the offerings made by the third parties. Third party advertisements and links to other sites where job opportunities, goods or services are advertised are not endorsements or recommendations by the Colorado Society of Osteopathic Medicine of the third party websites, goods or services. The CSOM takes no responsibility for the content of the ads, promises made, or the quality/reliability of the products or services offered in all advertisements. CSOM reserves the right to remove any advertisement that was previously approved. CSOM has discretion to deny an advertisement because of the dubious nature of its content.

IN KEYSTONE



Cheryl McCormick, PhD speaks about the importance of exercise and stress reduction.



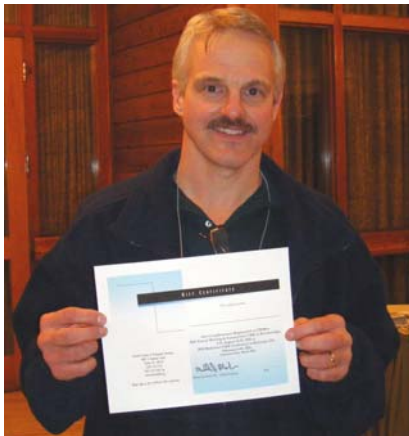
Eric Chenworth, DO from National Jewish spoke in our Pediatrics section about Asthma



Longtime attendees Barbara Crothers, DO and Thomas Kremenski, PA-C at the Winter Dinner Sleigh Ride.



Benjamin Schnell, DO discusses the importance of dental health on physical health and well being.



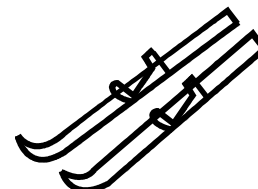
Dr. James Yeash was one of the many raffle winners - Congratulations on your Gift Certificate!



Virginia and Dr. Roy Farneman have been attending the Winter meeting for more than 10 years. Here they are pictured with Rachel Rayman's new daughter Lillian Rayman.



Recent TOURO graduate Jennifer Jaskiewicz, DO and COEC Coordinator Justine Holck enjoyed themselves at the Winter Dinner Sleigh Ride.





Kelli Glaser, DO and Board Member was also a lucky recipient of a raffle prize!



(l to r) Preston Harrison, Sara Harrison, Program Chair Matthew Harrison, DO and Sidney Harrison had a great time at the Winter Dinner Sleigh Ride.



Timothy Judd, DO, led one of two OMM workshops offered.



Terry Boucher, MPH, CSOM Executive Director and Sol Martinez, Medical Protective Representative and winner of one of the exhibitor prize drawings.



Terry Boucher, Chirs Baker of Pricara, Inc. and Program Chair Matthew Harrison, DO. Chris was another exhibit prize winner.



Wendy Heckman, COPIC, and Terry Boucher relaxing at the Winter Dinner Sleigh Ride.



Colorado Society of Osteopathic Medicine



Medicine in the Mountains: A 2010 Guide to Primary Care

2010 Annual Meeting & Summertime CME

Duane Brandau, DO, PhD
Program Chair

This program has been approved for 25 AOA category 1-A CME credits. AAFP reviewed and acceptable for up to 25.00 Prescribed Credits



August 12-15, 2010
Beaver Run
Conference Center
Breckenridge, Colorado

**2010 Annual Meeting & Summertime CME
Breckenridge, CO — August 12-15, 2010
Conference Registration**

Colorado Society of Osteopathic Medicine
8401 S. Chambers Rd. Denver, CO 80134
Phone: 303-322-1752 or 800-527-4578— Fax: 303-322-1956
www.ColoradoDO.org

Name: _____ AOA# _____
 Address: _____ City, State, Zip: _____
 Phone: _____ Fax: _____
 Specialty: _____ College: _____ Graduation Year: _____
 E-mail: _____

PLEASE CIRCLE AMOUNT

	<u>Early Registration</u>	<u>After July 30</u>	<u>Total</u>
CSOM Member and Out of State DO (must provide proof of state osteopathic association membership)			
Member (CSOM or state society)	\$400	\$475	\$ _____
Retired Physician Member and/or Life Members	\$220	\$295	\$ _____
Non member of CSOM or other State Society			
Retired Physician (non-members)	\$295	\$370	\$ _____
Other			
MD, DPM, DDS, DC	\$595	\$670	\$ _____
APN, RN, PA, RPh, PharmD	\$295	\$370	\$ _____
Interns, Residents & Medical Students	\$75	\$125	\$ _____
Spouse/Guest (includes daily breakfast & Sat. Dinner)	\$110	\$115	\$ _____
Children 5-12 (includes daily breakfast & Sat. Dinner)	\$50	\$60	\$ _____

Names: spouse/guests/children _____

Advocates of CSOM (ACSOM) Scholarship Golf Tournament: Physician Student
 # of participants _____ \$180 \$160 \$ _____
 8:00 am—12:00 pm; Friday, August 13— Must sign up by Aug. 6, 2010

Please send rate sheet for Optional Activities information **GRAND TOTAL** \$ _____

I would like a vegetarian meal at the President's banquet
To Keep it "Green" - CSOM will no longer produce a paper syllabus. All Power Point slides are provided on a reusable "flash" drive.

Check Enclosed (made payable to CSOM) **Credit Card Registration**

Please circle one:
 Visa / MC / AMEX # _____ Exp. Date: ____ / ____ / ____ Sec. Code _____

Name on card: (please print) _____

Signature _____

Physician, PA, RN, RPh, PharmD registration includes breakfast, breaks, course flash drive, and Saturday, August 14, President's Inauguration Dinner. **Spouse/Guest and Children's registration** includes breakfasts and Saturday, August 14, President's Inauguration Dinner. **Cancellation Policy:** Cancellations received before August 6, 2010 will be refunded registration amount less \$60. All cancellations after August 6, 2010 will not be refunded. Federal law requires us to inform you that payments to CSOM are not deductible as charitable contributions. Registration fee may be deductible as ordinary business expense.

Require assistance for disability (CSOM will contact you).

2010 Annual Meeting & Summertime CME
Medicine in the Mountains: A 2010 Guide to Primary Care
Duane Brandau, DO, PhD - Program Chair
Preliminary Program- Subject to Change

Preliminary Program Agenda
Duane Brandau, DO, PhD - Program Chair

Thurs. August 12

6:30 am Registration Opens with Breakfast & Exhibits
 7:00-8:00am Risk Management Cases in Infectious Disease
 Jeffrey Varnell, MD
 1 COPIC ERS point
 Breakfast sponsored by COPIC Insurance Companies

Morning Session ONCOLOGY JUHI ASAD, DO, MODERATOR

8:00-9:00 Breast Cancer Screening Guidelines: Update and Review
 9:00-10:00 Hereditary Cancers: Who, What, & Why?
 10:00-10:30 Exhibit Break
 10:30-11:30 Post Menopausal Breast Cancer Issues: Hormones vs. no Hormones
 11:30-12:30 Adenopathy: Observe, Biopsy or Surgery?

Afternoon Session PULMONOLOGY F. RICHARD DARROW, DO, MODERATOR

1:30-2:30 COPD: More Systemic Than We Thought
 2:30-3:30 The Changing Face of Outpatient Pneumonia
 3:30-4:00 Exhibit Break – Exhibits Close for the Day
 4:00-5:00 Pulmonary Embolus: Did the Emperor Find his Clothes?
 5:00-6:00 Sleep Disordered Breathing – Here we go Again!

6:00 CSOM Board Meeting

Fri., August 13

8:00 am-12:00 pm Sixth Annual Golf Tournament, ACSOM Fund Raiser - Breckenridge Golf Club
 12:30 pm-1:30 pm Colorado ACOFP State Society Lunch Meeting
 12:30 pm Registration & Exhibits Open

Afternoon Session MEDICAL POT-POURRI THOMAS TOLD, DO, MODERATOR

1:00-2:00 Treatment Resistant Major Depressive Disorder: Tailoring Treatment Strategies for Enhanced Outcomes
 2:00-3:00 Understanding the Challenges of Culturally Diverse Populations
 3:00-3:30 Exhibit Break – Exhibits Close for the Day
 3:30-4:30 What Every Physician Should Know About Concussion
 4:30-5:30 Medical Marijuana: Is the Country going to pot?

6:00-7:00 RVU-COM Reception

Sat., August 14

7:00 am Registration Opens with Breakfast & Exhibits

Morning Session GERIATRICS ERIC GISH, DO, MODERATOR

8:00-9:00 End of Life Care: The Use of Palliative Sedation in Terminally Ill Patients
 9:00-10:00 Physical Exercise in Older Americans & Update of Preventative Screening
 10:00-10:30 Exhibit Break – Exhibits Close
 10:30-11:30 Advanced Planning: Making Sure the Patient's Bases Are Covered
 11:30-12:30 Physician & Family Considerations Surrounding the Transition between Independent Living & Long Term Care Facilities

12:30-1:45 Annual CSOM Business Meeting & Luncheon
 Michael Mohr, DO
 Election of Officers and Trustees, CSOM President

Afternoon Session ADOLESCENT MEDICINE JEFFREY BACON, DO, MODERATOR

1:45-2:45 Obesity in Children & Young Adults
 2:45-3:45 Eating Disorders in Adolescents
 3:45-4:00 Break in Foyer
 4:00-5:00 Drug Addiction in Teens
 5:00-6:00 Sex Ed: STD's in the Young Adult Population

6:30 pm President's Inauguration Dinner – Daniel Clang, DO, Incoming President

Sun., August 15

7:30 am Registration Opens with Breakfast

Morning Session MEN'S HEALTH TIMOTHY JUDD, DO, MODERATOR

8:00-9:00 Prostate Cancer vs. BPH Update
 9:00-10:00 Prostate Surgery Update Using da Vinci Model Robotics
 10:00-10:15 Break in Foyer
 10:15-11:15 Hypogonadism/Low Testosterone: A Systemic Disease
 11:15-12:15 The Midlife Man: Is Andropause Real?

12:15 pm Adjourn

Attention Golfers!

The Advocates (ACSOM) are back and they need your help! Sign up and play in this year's annual golf tournament! Play on a gorgeous mountain course while helping the ACSOM raise money for scholarships!

Golf Package includes: Green Fees; Box Lunch; Golf Cart; Prizes; Gratuities; and Refreshments.

**Meet your friends in Breckenridge
 and find out if a golf ball really does go farther at 9,300 feet!**

How to Get There

From Denver International Airport (DIA), take I-70 west 85 miles to Frisco (Exit 203). Turn south on Highway 9 and go nine miles to Breckenridge where Highway 9 becomes Park Avenue. Follow this road and veer right onto Village Road. At the top of the hill, the Beaver Run Conference Center will be on your left.

Colorado Mountain Express

To assist with your travel needs, we have selected Colorado Mountain Express for discounted ground transportation to and from DIA. Vans depart DIA every hour and a half from 9:30 am to 9:30 pm. One-way discounted rate per person is \$71.10*, and our group code is CSOM. To reserve, call 1-800-525-6363 or on-line at www.ridecme.com. Discount begins Aug. 8 and ends Aug. 20, 2010. *Price subject to fuel surcharge

General Information/Things To DO

Our host hotel, Beaver Run Resort, just completed a renovation project totaling millions, and is now one of the most stylish and luxurious hotels in Breckenridge. Beaver Run has easy access to the town's numerous shops, restaurants, activities, and events.



During the summer months, outdoor enthusiasts will love hiking, mountain biking, fly fishing, white water rafting and horseback riding. The Jack Nicklaus designed Breckenridge Golf Club offers 27 holes of world class championship play. Outdoor Music Festivals, parades and a film festival complete summer activities in Breckenridge.

In addition, Beaver Run includes mountain-chic décor, plus high-end amenities, including high-speed wireless Internet access, four restaurants and a bar, indoor/outdoor pool, eight hot tubs, spa, exercise room, game room, an indoor miniature golf course and much more!



For more information go to www.beaverrun.com.

ROOM RATES—Cut off date is July 20, 2010!

Call 800-525-2253 or visit www.beaverrun.com—Group Code CSOM10.

<u>Room*</u>	<u>Rate</u>
Hotel	\$105.00
Deluxe Studio	\$119.00
One Bedroom Suite	\$127.00
Two Bedroom Suite	\$189.00
Three Bedroom Suite	\$270.00
Four Bedroom Suite	\$360.00

****This is an abbreviated list. Please ask about all of rooms available upon making your reservation.***

A one night deposit per reservation is required within two days of booking the reservation. Reservation will automatically be cancelled if deposit is not received by due date. The remaining balance of the individual lodging reservation shall be due from the attendee upon arrival.

OPTIONAL ACTIVITIES



There are many more options that will add to your Breckenridge Experience. Boating, rafting, ATV and Hummer tours, fly-fishing, horseback riding, historic walking tours, balloon rides to name a few. Check the box on the Registration Form to receive a "Summer Activities Sampler"

and price list.

Main Street Performances

Get into the Blue! Breckenridge's Blue River Plaza hosts free performances every Friday, Saturday and Sunday throughout the summer, including music, theatre, art, culture, sports, historical displays and kids' activities. Visit gobreck.com for more information.



Mountain Biking

Hundreds of trails are spread throughout Breckenridge, ranging from scenic dirt roads to single track that wind through aspen and pine forests. If you're just after the downhill thrill, catch a ride up on the chairlift at the Peak 8 Fun Park! OR, you can ride in a group, children must be 7 years old,

with guides available for different levels of experience from Boreas Pass or Vail Pass (a longer ride). For more information, call 1-800-847-5445

Breckenridge Peak 8 Fun Park! Don't Miss:

- SuperSlide
- SuperPutt
- Amaze'n Breckenridge - The Human Maze
- Climbing Wall
- Trampoline
- Spin Cycle
- Bounce House
- Gem Stone Panning
- And much more!!!!

MORE UPCOMING CME!!!

CME IN THE CITY
October 16 – October 17, 2010
An Annual Update in Primary Care
Program Chair: Thomas Mohr, DO, FACOI

Keystone 2011 * Agenda
February 6-10, 2011
30 CME I-A credits
Program Chair: The CSOM CME Committee

AGENDA

Saturday, October 16, 2010

8:00 am Registration/Continental Breakfast

9:00 am – 10:00 am Asthma Update
Bruce Dubin, DO, JD

10:00 am – 11:00 am TBD

11:00 am – 11:15 am Break

11:15 am – 12:15 pm Managing Breast Cancer Patients
and Patients with High Risk for
Breast Cancer - *COPIC Lecture – 1
ERS Point*

12:15 pm – 1:15 pm Lunch – Seminar Room 122
Sponsored by COPIC

1:15 pm – 2:15 pm Concepts of Forensic Medicine for
Primary Care
Steve Putthoff, DO

2:15 pm – 3:15 pm TBD –
*Concurrent Student OMM Workshop: Dan Olson, DO

3:15 pm – 3:30 pm Break

3:30 pm – 4:30 pm TBD –
*Concurrent Student OMM Workshop: Dan Olson, DO

4:30 pm – 5:30 pm OMM Workshop
Dan Olson, DO

Sunday, October 17, 2010

8:00 am Registration/Continental Breakfast

9:00 am – 10:00 am Reach Your Peak: Simple Steps to
Optimum Health
Ken Ramey, DO

10:00 am – 10:15 am Break

10:15 – 11:15 am Update on Cervical Cancer
Screening Guidelines
Kelli Glaser, DO

11:15 – 12:15 pm TBD

12:30 – 1:15 pm **Lunch on Your Own**

1:30 – 3:30 pm OMM Workshop
David Kanze, DO

Total: 12 Category 1-A Anticipated

Sunday, February 6th

1:00 pm CSOM Board Meeting
12:30 pm Registration Opens

PM Session OSTEOPATHIC PRINCIPALS & PRACTICE
 1:00-5:15 4 OMM Workshops
 5:30 pm – 7:00 Exhibitor & President’s Reception

Monday, February 7th

6:30 am Registration, Breakfast

AM Session RADIOLOGY
 7:00-8:00 COPIC Lecture
 8:00-12 :30 4 CME Lectures

PM Session ORTHOPAEDICS IN FAMILY PRACTICE
 3:30-7:00 3 CME Lectures

Tuesday, February 8th

6:30 am Registration, Breakfast

AM Session TRAVEL & WILDERNESS MEDICINE
DOUGLAS HILL, DO, FACOEP, MODERATOR
 7:00-12:45 5 CME Lectures

1:00-2:00 pm Appetizer Demonstration Class
 2:00-6:00 pm Southwest Hands-On Cooking Class

Wednesday, February 9th

6:30 am Registration, Breakfast

AM Session CARDIOVASCULAR
 7:00-12:30 5 CME Lectures

PM Session PRACTICE MANAGEMENT
 3:30-6:45 3 CME Lectures

Thursday, February 10th

6:15-7:30 am Registration and Breakfast – In Gallery

**AM Session ENDOCRINOLOGY: WHAT ARE PEOPLE
 REALLY TALKING ABOUT?**
 7:00-12:15 5 CME Lectures

11:45 Adjourn

stability matters.

If there is one thing to learn from the recent financial turmoil, knowing who to trust is paramount.

Medical Protective, a proud member of Warren Buffett's Berkshire Hathaway, has always believed that to provide our healthcare providers the best defense in the nation, our financial stability needs to be *rock-solid*, stronger than any other company.

Stability even in the worst of times.

Medical Protective is the only medical professional liability insurance company to protect their healthcare providers through all the business and economic cycles of the last 110 years, including the tough economic times of *the Great Depression*. We are also proud to have provided unmatched defense and stability during all the medical crises.



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Contact us today for a medical insurance check-up and a FREE, no-obligation quote.

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- Email: experts@medpro.com
- Visit: www.medpro.com
- Contact your local Medical Protective agent

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